



A health scare shouldn't be the reason you quit smoking!

Breaking habits is such a difficult task. I know this and so does my team. One of the questions we ask in our medical history is about smoking and if the patient has marked "yes" for that, we have a conversation about quitting. Most people know the health risks associated with smoking but still struggle to quit. Majority of the successes have been for those who were diagnosed with a serious health condition, like oral or lung cancer. We believe in being prevention based and so we discuss about ways to quit before you get that health scare.

We recently partnered with a wonderful smoking cessation program that is virtual and accepts all insurances, including Medicaid. This program is unique in that we are able to refer our patients to a specific person who will make contact with the patient and give them the necessary tools and support needed to successfully quit. Jen Dorsey, NCC, LPC, LCPC and Dr. Kolodner at [Triple Track Treatment](#) are excellent at what they do and if you or someone you know has struggled with stopping smoking, please let us know and we will be happy to refer you to them.

Fall is here so please go out, enjoy the beautiful colors, fill in your lungs with fresh air and soak up all the warmth to get us through the winter months!

As always, we are so grateful to have you as a part of our Wisteria Dental Care Family!

Be happy and healthy,

Dr. Patel and Wisteria Dental Care Team

p.s. If you want a reason to go outside, please come and join us for the Making Strides breast cancer walk on October 19th in Mount Airy and/or donate to this very important cause. [CLICK HERE!](#) Hope to see you there!

Follow us:



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Wednesday 9 AM - 6 PM

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